

## Summary project 2021 CES Antonin Cormier

My project take place in the city of Białystok in Poland 🇵🇱.

I work with an other volunteer in the special school nr 16 for students who are between 18 and 25 years old. We had for main activity to propose our help to some teachers in their lesson or activities that they have with their students. The lessons that I enjoyed more was the cooking lessons, sport lessons and gardening lessons.

In cooking lessons I could have a lot of contact with the students and I learn how to get in relation with them. I also learned a lot by observing how the teachers manage their lessons for that there became at the same time learnable and enjoyable for the students. For exemple, in cooking lesson, the students learn hygiene in cooking or how to peel some fruits or vegetables. Everyone have a task to do and then they can taste the meal that they cooked all together. I could also cooked some French dishes and prepare the recipe with the students, it was really great 😊

In school, I could also learn polish.

When I had some interactions with students or teachers who doesn't speak a same language than I, it was necessary too try too speak polish even if it was just some words. So the school was a really good place for improve polish.

Moreover, I learn how to manage activities for this students.

I remember that one time with the other volunteer and a teacher, we prepared an escape game. It was really interesting because I realized that even simple games like « Tic-tac-toe » ( the game where you have to line up cross or rounds) could be really enjoyable and very funny for them. And they all participated with really nice energy !

I also could share my culture through different activities. The one that I have in my head right now was the dictionary in polish georgian and french. It was really good time my friend, the students and me enjoyed a lot because you try too speak in the language of an other country that you really don't manage so it created really funny situations.

Finally, this project allowed me to improve my English a lot and discover a lot of new cultures. I meat a lot of peoples who was not from the same country as me. So I had too speak English definitely it was useful too improve fast. And with this other volunteers we met a lot of times and we learned each other about other cultures (language, cooking, geography, behavior...). All this project was a lot rewarding.

